

**SHELBY
MIDDLE
SCHOOL**

**HANDBOOK FOR
STUDENTS
PARTICIPATING IN
EXTRACURRICULAR
ACTIVITIES
2016-17**

Revised July 2016

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I. CODE OF CONDUCT FOR STUDENTS PARTICIPATING IN EXTRACURRICULAR ACTIVITIES

The Shelby School System recognizes that the period of adolescence is a difficult time of change, growth, both physical and mental, decision-making, experimentation, and confusion. Great demands are placed on our youngsters while influences and pressures are constantly present.

The ability to participate in middle school extra-curricular activities, including interscholastic athletics, is a privilege and not a right. The coaches and administration of the Shelby City Schools believe certain standards of behavior are important in the development of a sound extracurricular program. Students who voluntarily participate in extracurricular activities are expected to accept the responsibilities that accompany this privilege, including regulating his/her personal life in ways that make him/her a worthy representative of Shelby Schools. Failure to comply with these expectations may jeopardize a student's entire extracurricular career.

In addition, all students who participate in extracurricular activities at any time must comply with this code of conduct all twelve months of the year, in any season, and in all locations.

1. PARTICIPATION IN EXTRACURRICULAR ACTIVITIES IS A PRIVILEGE NOT A RIGHT.

A student participating in extracurricular activities is expected to conduct him/herself in a manner that reflects good citizenship and brings honor to him/herself, one's family, one's school and one's community, both in the classroom, on and off the performance stage or athletic field, as a member of a school club, during and out of season. In keeping with this philosophy, any student involved in any activity that will bring discredit to our school, community, or any team may be suspended or removed from extracurricular activities. Students may also be suspended or removed from extracurricular activities for violations of the Student Code of Conduct or the supplemental training rules for the particular activity in which they participate.

2. NO SELLING OR DISTRIBUTION OF DRUGS OR ALCOHOL

A student shall not sell, transmit, or distribute alcoholic beverages or look-a-likes, illegal drugs, controlled substances (including steroids), or narcotics. School personnel must have documented evidence and/or criminal charges must be filed relative to the violation of this rule.

3. NO POSSESSION, PURCHASE OR USE OF TOBACCO, ALCOHOL OR NON-PRESCRIBED DRUGS

For the purposes of this Code of Conduct, the term “drug” includes over-the-counter medication or prescription medication, controlled substance(s); and illegal substance(s). Prescription or over-the-counter drug use must be within the limits of a valid prescription and/or manufacturer's guidelines.

Students shall not possess, use, handle, transmit, or conceal alcohol beverages, or look-alikes, tobacco or tobacco products, narcotics or any drug, look-alike drugs, or substance which is thought to be a drug.

Drugs include but are not limited to:

steroids	stimulants	narcotics
hallucinogenic	marijuana	non-prescribed medications

4. PROHIBITED ATTENDANCE AT GATHERINGS OR PARTIES WITH ALCOHOL AND/OR DRUGS

Students will not attend gatherings or parties where the consumption of illegal drugs or the illegal consumption of alcohol (i.e., underage drinking) is taking place. Students must make a conscientious effort to leave any such party or gathering immediately.

Remaining as a bystander at such gathering or party constitutes violation of this rule

5. DISCIPLINARY ACTION IN SCHOOL

Students involved in Student Code of Conduct violations/disciplinary action in the classroom or school related activities during the current season where out of school suspension results will be subject to denial of participation for an equal length of time. If a coach or activity advisor’s additional Supplemental rules are violated, the specified penalty will be followed.

6. ATTENDANCE DAY OF CONTEST

Students must be in school at least one-half (1/2) day on the date of the contest. One-half day is determined by the attendance office. Exceptions can be granted by the Principal, Assistant Principal, Activity Advisor, or Athletic Director.

Rules 7 & 8 are Applicable Only to Student-Athletes:

7. ALL STUDENT-ATHLETES MUST ABIDE BY THE RULES PUT FORTH BY THE OHSAA.

8. COMMITMENT TO PARTICIPATE

A student-athlete who quits a sport after the official start of the respective sports season (as defined by the OHSAA) or after “athletic cuts” or if removed from the team for rules violations will be unable to participate in any sports program until the sport he/she quit has completed its season, forfeit any awards for that sports, and return all issued equipment, uniforms, etc. Being unable to participate as a result of quitting or being removed from a team includes but is not limited to any conditioning, open gyms, practices, scrimmages, games, etc. that is in preparation for another athletic program and/or as a member of another in-season program. However, a variance of this rule may be granted given unusual circumstances and only with the agreement of all involved coaches and the Athletic Director.

9. SUPPLEMENTAL PARTICIPATION/TRAINING RULES

Supplemental participation/training rules are those rules that a head coach or activity advisor may implement for his/her program. These rules are beyond those set forth in this code of conduct. Supplemental rules may vary from team to team and activity to activity and only apply to the program of the coach/advisor that implements them during the specified season. Copies of any such Supplemental rules will be distributed to each student. **Supplemental rules shall not deal with tobacco, alcohol, or drugs.**

II. **PENALTIES FOR EXTRACURRICULAR CODE OF CONDUCT INFRACTIONS**

1. **Penalties for infractions of the Extracurricular Code of Conduct Rule #1** may include but are not limited to:
 - a. Removal from a team, club, or activity for the remainder of the season or for a temporary period.
 - b. Denial of participation in try-outs, open gyms, fitness programs, practices, competitions, and contests.
 - c. Denial of participation for the remainder of student's middle and high school career.

2. **Penalty for Extracurricular Code of Conduct Rule #2 infraction:**
Immediate denial of participation for student's high school career.

3. **Penalty for Extracurricular Code of Conduct Rule #3 infraction**

FIRST INFRACTION: The student-athlete will be denied the right to participate in athletics and/or cheerleading for the remainder (100%) of his/her remaining middle school career.

Any student-athlete in violation of this Policy who agrees to participate in drug assessment and counseling at his/her own (or at his/her parents') expense, may have the penalty outlined above reduced to 30% of the current sport/season. In such cases, the student-athlete will be denied participation during the current season, with any remaining percentage of the denial of participation applied to the next season of participation if needed.

SECOND INFRACTION: For second infraction of this Policy, the student-athlete will be denied the right to participate in athletics and/or

cheerleading for the remainder (100%) of his/her remaining middle school career.

Any student-athlete in violation of this Policy a second time, who agrees to participate in drug assessment and counseling at his/her own (or at his/her parents') expense, may have the penalty reduced to one (1) calendar year. The calendar year begins from the date of notification of the infraction.

Note: In order to continue to be part of the team, the student-athlete must continue to follow all rules during a period of removal. The student will continue to practice with the team and sit with the team during contests. However, the student-athlete may not wear a team uniform during the period of denied participation.

4. Penalty for Extracurricular Code of Conduct Rule #4 infraction:

- a. 1st offense- denied participation for 30% of the season
- b. 2nd offense- denied participation for one calendar year
- c. 3rd offense- denied participation for remainder of middle school career.

In order to continue to be part of the team, the student-athlete must continue to follow all rules during a period of removal. The student will continue to practice with the team and sit with the team during contests. However, the student-athlete may not wear a team uniform during the period of denied participation.

In the event that a student is in violation of the Extracurricular Code of Conduct, the Principal, Coach, or Activity Advisor will be notified. An informal meeting with the student will be held with the principal or his/her designee and the student will be permitted to respond to the alleged rules infraction.

At the conclusion of the meeting, the Principal, Coach, or Activity Advisor will make a determination with respect to the penalty to be imposed for the rules infraction and will communicate that to the student and his/her parents.

While there is no right to appeal a suspension or removal from an extracurricular activity, the student may request, in writing, that either the Principal (in the case of athletics) or Superintendent (in the case of all other activities) review the penalty imposed. The decision of the Principal or Superintendent with respect to the review of the suspension or removal shall be considered final.

III. MICELLANEOUS INFORMATION

ACADEMIC ELIGIBILITY FOR ATHLETES:

Shelby High School offers its students, both boys and girls, the opportunity to observe and participate in sports. Shelby is a charter member of the Northern Ohio League as well as a member of the Ohio High school Athletic Association, and as such, must abide by the academic eligibility rules and bylaws set forth by these organizations. In order to be academically eligible to participate in athletics, each student must meet the OHSAA Eligibility Requirements. These requirements are found on the OHSAA website, www.ohsaa.org/eligibility, in the guidance office and/or in the athletic office. Furthermore, all questions and/or decisions concerning academic eligibility must be directed to the principal.

Per OHSAA rules, students who are academically ineligible may not participate in any contest and/or scrimmage during the period of ineligibility. However, ineligible athletes may continue to practice and attend contests with a team prior to and after the current grading period's interim report, provided a student's interim grades are such that they meet the OHSAA academic eligibility standards. Should an athlete's interim report fail to meet the OHSAA academic eligibility standards, the student will be denied participation for the remainder of the current grading period.

“OPT IN” STUDENT DRUG TESTING OPTION

The Shelby City Schools will provide access to student drug testing at the request of the parents or legal guardian. With our Opt In student drug testing program we allow students not currently involved with extracurricular activities, as requested by parents within our school districts, to participate in the district's random student drug testing program. Results are 100% confidential and reporting goes directly to the parents.

How the program works

- The parent/guardian can obtain our Opt In student drug testing consent from the school main office.
- Read, sign and return the Informed Consent Agreement. The student must also sign this agreement.
- Upon completion of the testing, the Medical Review Officer from the testing facility will finalize results and will notify the parent/guardian of any positive testing results. **Results will not be released to any other party without written consent of the parent/guardian.**
- If a positive test result occurs, the parent/ guardian may request counseling or follow up testing within the program.

Our Opt In program is available to any student who is enrolled within the Shelby City School District. The testing facility will not attempt to diagnose substance abuse problems. The “Opt In” choice is another tool for parents and guardians in making informed decision on what might need to be done to help their children

FORMS

ACKNOWLEDGEMENT STUDENT/PARENT EXTRACURRICULAR HANDBOOK

PARENT/GUARDIAN PERMISSION TO PARTICIPATE IN ATHLETICS

I give my permission for my child to participate in interscholastic athletics at Shelby High/Middle School. I understand the school district will make every effort to supervise my child during activities, practices and contests so that he/she may participate without being injured, but acknowledge that injuries including serious and permanent ones, and even death, are a possibility in interscholastic athletics. Understanding the risk involved, I consent to have my child participate in athletic department programs and waive and forever release the Board of Education of the Shelby City School District, its officials, agents and employees from all liability for wrongful death, bodily injury or property damage that may result to my child during or as a result

of interscholastic athletics. WARNING: THIS IS A RELEASE. READ CAREFULLY PRIOR TO SIGNING.

STUDENT RISK OF INJURY IN ATHLETICS

I acknowledge that I have been properly advised, cautioned and warned by the administration and/or coaching staff of the Shelby City School District that by participating in interscholastic athletics, my child may be exposed to the risk of serious injury. This could include, but is not limited to sprains, fractures, ligament and/or cartilage damage which could result in temporary or permanent, partial or complete, impairment of limbs, brain damage, paralysis or even death.

OHIO DEPARTMENT OF HEALTH CONCUSSION/HEAD INJURY INFORMATION

By signing this form, as the parent/guardian/care-giver of the student-athlete named, I acknowledge receiving a copy of the concussion and head injury information sheet prepared by the Ohio Department of Health as required by section 3313.539 of the Ohio Revised Code. I understand concussions and other head injuries have serious and possibly long-lasting effects. By reading the information sheet, I understand I have a responsibility to report any sign of symptoms of a concussion or head injury to coaches, administrators and my student-athlete's doctor. I also understand the coaches, referees and other officials have a responsibility to protect the health of the student-athletes and may prohibit my student-athlete from further participation.

STUDENT AWARENESS/ACKNOWLEDGEMENT OF EXTRACURRICULAR HANDBOOK

I have read, am aware of, and discussed the rules procedures and regulations that govern the conduct of participants in the Shelby City Schools extracurricular programs. If I choose to violate a rule, procedure and/or regulation, I understand I will be subject to discipline in accordance to the policy. Additionally, I will be responsible for all equipment issued into my possession. I will properly care for, clean when necessary and return equipment upon instructions to do so. I will pay replacement costs for any equipment lost or damaged that has been issued to me.

OHSAA PHYSICAL AND AUTHORIZATION FORM

All athletes are required to turn in a completed physical form, including the OHSAA Authorization Form and the Eligibility and Authorization Statement, before they can take part in a practice or contest.

**ACKNOWLEDGEMENT OF STUDENT/PARENT
EXTRACURRICULAR HANDBOOK FORM**

I, _____, parent/guardian of
_____, acknowledge that it is my responsibility to read and discuss with my child the rules, procedures, and expectations that are explained in the

Extracurricular Handbook and the Shelby City School Drug Testing Policy. I understand that my child will be held accountable to those expectations.

Parent/Guardian/Custodian Signature

Date

Student Signature

Date

Opt In Student Drug Testing Consent Form

STUDENT NAME _____

GRADE _____

AS A STUDENT:

I understand that I may be drug tested with my parents' consent under the Opt In student drug testing program. I understand this agreement is binding while I am a student in the Shelby City School District.

STUDENT SIGNATURE

DATE

AS A PARENT/GUARDIAN/CUSTODIAN:

I understand that by signing this consent I will allow the Shelby City School District to perform drug and/or alcohol testing on my son or daughter, the results of which will be released to me and only me.

PARENT/GUARDIAN/CUSTODIAN SIGNATURE

DATE

PARENT GUARDIAN/CUSTODIAN PRINTED NAME, PHONE, ADDRESS

