

SHELBY WHIPPET ATHLETICS ATHLETIC DEPARTMENT TRAINING RULES

3/9/01

The Shelby School system recognizes that the period of adolescence is a difficult time of change, growth, both physical and mental, decision making, experimentation, and confusion. Great demands are placed on our youngsters while influences and pressures are constantly present.

The coaches and administration of Shelby City Schools believe certain standards of behavior are important in the development of a sound athletic program. Students who voluntarily participate on an athletic team are expected to accept the responsibilities that accompany this privilege. **Choosing to play is a commitment to obey the rules.**

GOALS:

1. Help to establish individual and team discipline.
2. Encourage maximum performance on and off the field.
3. Inform the athletes of the dangers of drugs, alcohol, and tobacco.
4. Stress the importance of sacrifice to become a winning person.
5. Set up education alternatives to help young athletes make responsible decisions.
6. Exemplify the need for rules in all aspects of life.

THE TRAINING RULES AND CONSEQUENCES

The following is a list of the Training Rules and consequences. Rule IV and V will be in effect year round. (12 months) The remainder of the Training Rules will be in effect for each sport season. The sport season is defined as the first mandatory practice until the individual athlete has participated in his/her last interscholastic contest. (this includes tournaments)

RULE I NO SELLING OR DISTRIBUTION OF DRUGS OR ALCOHOL.

FIRST VIOLATION

Immediate dismissal from all athletics from point of infraction for entire school career. School personnel must have documented evidence and/or criminal charges must be filed relative to the incident

RULE II ATTENDANCE AT GATHERINGS OR PARTIES WITH ALCOHOL AND/OR DRUGS

Athletes will not attend gatherings or parties with the presence of alcohol and/or drugs. The athlete must make a conscientious effort to leave the party immediately. Remaining at the gathering or party constitutes violation of this rule.

RULE III NO POSSESSION, PURCHASE OR USE OF TOBACCO, ALCOHOL OR NON-PRESCRIBED DRUGS.

Athletes shall not possess, *use*, handle, transmit, or conceal alcoholic beverages, or look-a-likes, tobacco or tobacco products, narcotics, or drugs, look-alike drugs, or substances which are thought to be drugs, or inferred to be drugs. Drugs include but are not limited to:

steroids	stimulants	narcotics
hallucinogenic	marijuana	non-prescribed medications

VIOLATION OF RULE II OR RULE III

The offense for rules two (2) and three (3) are the same

FIRST OFFENSE

- A. Immediate removal from the team for the remainder of the current season.
- B. Loss of any and all awards and honors.
- C. The athlete will be required to participate in a reinstatement program.

SECOND OFFENSE

The athlete will be denied participation from any and all athletic department programs for the duration of his/her high school career.

MULTIPLE VIOLATIONS OF RULE II AND RULE III

If a violation of Rule II or Rule III is the second by a senior high athlete or the first violation by a senior high athlete who has had two (2) previous middle school violations, the second offense for the consequence will be enforced. A middle school athlete that is removed from the athletic department for violation of Rule II or Rule III will be able to return to the athletic department at the high school level when reinstatement is completed. However, when in high school, the first violation of Rule II or Rule III will result in the second offense, and the athlete will be denied participation from any and all athletic department programs for the duration of his/her high school career.

- ie. violate rule two (2) as a freshman - first offense
- violate rule three (3) as a junior - second offense

RULE IV PARTICIPATION IN EXTRACURRICULAR ACTIVITIES IS A

PRIVILEGE, NOT A RIGHT.

In keeping with this philosophy, any athlete involved in any activity that will bring discredit to our school, community, or any team will be subject to disciplinary action. **This rule is in effect for all 12 months of the year.** Discipline may include but is not limited to:

- Denial of admission to a team,
- Removal from a team for the remainder of the season or for a temporary period,
- Denial of participation in try-outs, open gyms, fitness programs, practices, and contests

RULE V CONFESSION TO AND/OR CONVICTION OF FELONY

Any athlete that confesses to/or convicted of any felony and/or confesses to/or convicted of a first degree misdemeanor will result in denial of participation for a period of one year from date of infraction. **This rule is in effect for all 12 months of the year.**

RULE VI DISCIPLINARY ACTION IN SCHOOL

All athletes involved in disciplinary action in the classroom or school related activities during the current sports season where out of school suspension results will be subject to denial of participation for an equal length of time. If coach's additional rules are violated, the specified penalty will be followed.

RULE VII ATTENDANCE DAY OF CONTEST

All athletes must be in school at least one-half ($\frac{1}{2}$) day on the date of the contest and/or the day before a weekend contest. One-half day is determined by the attendance office.(length of time) Also, participants shall be in school on the school day following a contest. Exceptions can be granted by the Principal, Assistant Principal, or Athletic Director.

RULE VIII ALL ATHLETES MUST ABIDE BY THE RULES PUT FORTH BY THE OHIO HIGH SCHOOL ATHLETIC ASSOCIATION.

ENFORCEMENT PROCEDURE:

The Administrator will complete an "Intent To Deny Participation Form" and give the student an opportunity to be heard.

RIGHT TO APPEAL

All athletes have a right to appeal the denial of participation from an activity imposed by an administrator or by a coach. The appeal must be filed with the building Principal within one (1) school day after the athlete receives the denial of participation form.

SUPPLEMENTAL TRAINING RULES

Supplemental training rules are those rules that a head coach may implement for his/her program. These rules are above and beyond those set by the athletic department. These rules may be more strict than those set by the athletic department. Supplemental rules will vary from team to team and only apply to the program of the coach that implements them during the specified season. **Supplemental rules will not deal with tobacco, alcohol or drugs.**

REINSTATEMENT

Any athlete denied participation for violating rule II (2) or rule the III (3) must complete a reinstatement program in order to become eligible for athletic participation. The athlete must make contact with a guidance counselor to initiate the program. The reinstatement program will include community service.