

# October 2009

## Shelby Elementary School Menu



| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|
| <b>5</b><br>Pancake wrap<br>Chicken nuggets<br>Dinner roll<br>Broccoli & cheese sauce<br>Mixed fruit<br>Milk | <b>6</b><br>Cheese omelet<br>Pepperoni pizza<br>Green beans<br>Mandarin oranges<br>Milk                   | <b>7</b><br>Breakfast pizza<br>Soft tacos w/lettuce & cheese<br>Potato wedge<br>Applesauce, milk<br>Choice: chicken fajita | <b>8</b><br>Breakfast bagel<br>Chicken fryz<br>Mashed potato & gravy<br>Peaches<br>Dinner roll<br>Milk         | <b>9</b><br>Cinnamon tastry<br>Cheeseburger<br>Oven French fries<br>Apple<br>Milk<br>Choice: hamburger |
| <b>12</b><br>Breakfast pocket<br>Stuffed breadsticks<br>Marinara<br>Green beans<br>Pears<br>Milk             | <b>13</b><br>Pancake wrap<br>Chicken littles<br>Tater tots<br>grapes<br>Milk                              | <b>14</b><br>Cheese omelet<br>Curley spaghetti<br>Garlic breadstick<br>Lettuce salad<br>Sherbet<br>Milk                    | <b>15</b><br>Breakfast pizza<br>Chicken fingers<br>Dinner roll<br>Mashed potato & gravy<br>Mixed fruit<br>Milk | <b>16</b><br>Teacher inservice<br>No school  |
| <b>19</b><br>Breakfast bagel<br>Breaded chicken patty<br>Parsley potatoes<br>Mandarin oranges<br>Milk        | <b>20</b><br>Cinnamon tastry<br>Texas toast pizza<br>Corn on the cob<br>Applesauce<br>Milk                | <b>21</b><br>Breakfast pocket<br>Nachos & cheese<br>Corn<br>Ice juicce<br>Milk   | <b>22</b><br>Pancake wrap<br>Salisbury steak<br>Mashed potato & gravy<br>Dinner roll<br>Peaches<br>Milk        | <b>23</b><br>Cheese omelet<br>Pancakes & sausage<br>Hash brown<br>Orange juice<br>Milk                 |
| <b>26</b><br>Breakfast pizza<br>Cheese pizza<br>Green beans<br>Pears<br>Milk                                 | <b>27</b><br>Breakfast bagel<br>Sub sandwich<br>Smiley taters<br>Pineapple<br>Milk<br>Choice: uncrustable | <b>28</b><br>Cinnamon tastry<br>Frito flip<br>Corn<br>Sherbet<br>Milk<br>Choice: hot dog sand.                             | <b>29</b><br>Breakfast pocket<br>Grilled chicken sandwich<br>Steak fries<br>Applesauce<br>Milk                 | <b>30</b><br>Pancake wrap<br>Stuffed breadsticks<br>Marinara<br>Lettuce salad<br>Peaches<br>Milk       |

### News

