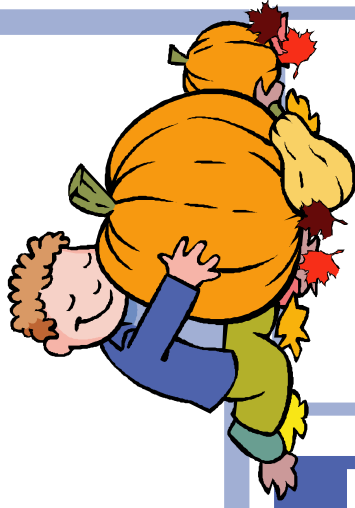
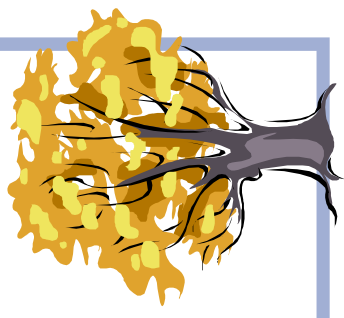


November 2009

Shelby Elementary Menu



News



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese omelet Chicken nuggets Dinner roll Parsley potatoes Mandarin oranges Milk	3 Breakfast pizza Mini corn dogs Green beans Grapes Milk	4 Breakfast bagel Soft tacos w/lettuce & cheese Potato wedge Pears, Milk Choice: chicken fajita	5 Cinnamon tastry Pancakes Sausage Hash brown Juice Milk	6 Breakfast pocket Shredded turkey over mashed potato Dinner roll Pineapple Milk
9 pancake wrap Pepperoni pizza Corn on the cob Applesauce Milk	10 Cheese omelet Curley spaghetti Garlic breadstick Lettuce salad Mixed fruit Milk	11 Breakfast pizza Cheeseburger Steak fries Peaches Milk Choice: hamburger	12 Breakfast bagel Chicken littles Tater tots Sherbet Milk	13 Cinnamon tastry Stuffed breadsticks Marinara Green beans Applesauce Milk
16 Breakfast pocket Salisbury steak Mashed potato & gravy Dinner roll Peaches Milk	17 pancake wrap Chicken fryz Broccoli & cheese sauce Dinner roll Pineapple Milk	18 Cheese omelet Frito flip Corn Ice juice Milk Choice: hot dog	19 Breakfast pizza French toast sticks Sausage Hash brown Juice Milk	20 Breakfast bagel Cheese pizza Carrots & dip Apple p.b. candy Milk
23 Cinnamon tastry Chicken fingers Dinner roll Mashed potato & gravy Mixed fruit Milk	24 Breakfast pocket Nachos & cheese Corn Pears Milk	25 No School	26 No School Happy Thanksgiving	27 No School
30 pancake wrap Chicken patty sandwich Smiley taters Peaches Milk				