

January 2010

Shelby Elementary School menu



Monday

Tuesday

Wednesday

Thursday

Friday

4
Breakfast pocket
 Chicken nuggets
 Dinner roll
 Green beans
 Applesauce
 Milk



5
Pancake wrap
 Stuffed breadsticks
 Marinara
 Corn on the cob
 Pears
 Milk

6
Cheese omelet
 Salisbury steak
 Mashed potato & gravy
 Dinner roll
 Peaches
 Milk

7
Breakfast pizza
 Cheeseburger
 Steak fries
 Orange
 Milk
 Choice: hamburger

8
Breakfast bagel
 French toast sticks
 Sausage
 Hash brown
 Juice
 Milk

11
Cinnamon tastry
 Mini corn dogs
 Broccoli & cheese sauce
 Mixed fruit
 Milk

12
Breakfast pocket
 Pepperoni pizza
 Corn
 Grapes
 Milk

13
Pancake wrap
 Soft tacos w/lettuce & cheese
 Potato wedge
 Peaches, Milk
 Choice: chicken fajita

14
Cheese omelet
 Chicken fingers
 Dinner roll
 Mashed potato & gravy
 Mandarin oranges
 Milk

15
Breakfast pizza
 Curley spaghetti
 Garlic breadstick
 Lettuce salad
 Pineapple
 Milk

18
Martin Luther King Day
No School

19
Breakfast bagel
 Chicken fryz
 Dinner roll
 Parsley potatoes
 Apple slices & caramel
 Milk

20
Cinnamon tastry
 Grilled chicken sandwich
 Lettuce salad
 Sherbet
 Milk
 Choice 3&4: chef salad

21
Breakfast pocket
 Texas toast pizza
 Green beans
 Ice juicee
 Milk
 Choice: pizza

22
Pancake wrap
 Frito flip
 Corn
 Applesauce
 Milk
 Choice: hot dog sand.

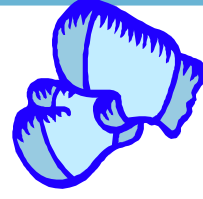
25
Cheese omelet
 Chicken patty sandwich
 Tater tots
 Peaches
 Milk

26
Breakfast pizza
 Cheese pizza
 Carrots & dip
 Pears
 Milk

27
Breakfast bagel
 Nachos & cheese
 Corn
 Fruit mix
 Milk

28
Cinnamon tastry
 Shredded turkey over mashed potatoes
 Dinner roll
 Mandarin oranges
 Milk

29
Breakfast pocket
 Pancakes
 Sausage
 Smiley taters
 Juice
 Milk



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