January 2010

Shelby Middle School menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
Breakfast pocket 4 Chicken nuggets Dinner roll Green beans Applesauce Milk	*Pancake wrap* 5 Stuffed breadsticks Marinara Corn on the cob Pears Milk	*Cheese omelet* 6 Salisbury steak Mashed potato & gravy Dinner roll Peaches Milk, Spice cake	*Breakfast pizza* 7 Cheeseburger Steak fries Orange Milk	*Breakfast bagel* 8 French toast sticks Sausage Hash brown Juice Milk
Cinnamon tastry 11 Mini corn dogs Broccoli & cheese sauce Mixed fruit Milk	*Breakfast pocket* 12 Pepperoni pizza Corn Grapes Milk	*Pancake wrap* 13 Soft tacos w/lettuce & cheese Potato wedge Peaches, Milk Choice: chicken fajita	*Cheese omelet* 14 Chicken fingers Dinner roll Mashed potato & gravy Mandarin oranges Milk	Breakfast pizza 15 Curley spaghetti Garlic breadstick Lettuce salad Pineapple Milk
18 **Martin Luther King Day** **No School**	*Breakfast bagel* 19 Chicken fryz Dinner roll Parsley potatoes Apple slices & caramel Milk	*Cinnamon tastry* 20 Grilled chicken sandwich Lettuce salad Sherbet Milk	*Breakfast pocket* 21 Texas toast pizza Green beans Ice juicee Milk	*Pancake wrap* 22 Frito flip Corn Applesauce Milk
Cheese omelet 25 Chicken patty sandwich Tater tots Peaches Milk	*Breakfast pizza* 26 Cheese pizza Carrots & dip Pears Milk	*Breakfast bagel* 27 Nachos & cheese Corn Fruit mix Milk	*Cinnamon tastry* 28 Shredded turkey sand. mashed potato & gravy Mandarin oranges Milk	*Breakfast pocket* 29 Pancakes Sausage Smiley taters Juice Milk

News

4th Classes Resume

5th Academic Challenge Match at Willard MS

7th & 14th 8th Gr Sharks Career Assessment

8th & 15th 8th Eagles Career Assessment

5th Academic Challenge Match at MOESC

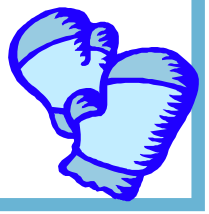
12th FCCLA Meeting in Room 103 at 2:30

15th End of 2nd Quarter

19th Washington DC Meeting for 8th Gr Parents and Students at 6:00 PM

21st Grade Cards Distributed - 2nd Quarter

26th Academic Challenge Match @ Norwalk MS



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